

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:37
Heat: 4/24 Lane : 8 Athlete: BELAEN ELISABETH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:42
Heat: 5/24 Lane : 1 Athlete: VAN HOEY TESS					Q-time: 03:15:36
PB (50m pool): 03:15.36 Kortrijk 26/12/2025 PB (25m pool): 03:04.78 SB: 03:15.36 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.10	01:34.55	02:25.75	03:15.36	
	00:43.10	00:51.45	00:51.20	00:49.61	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:49
Heat: 7/24 Lane : 2 Athlete: BERTE LISE					Q-time: 02:58:95
PB (50m pool): 02:58.95 Lochristi 01/02/2026 PB (25m pool): 02:57.67 SB: 02:58.95 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:26.15	no time	02:58.95	
	no time				
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:11, starttime: 15:02
Heat: 11/24 Lane : 2 Athlete: VAN LIERDE ROOS					Q-time: 02:41:67
PB (50m pool): 02:41.67 Gent 08/02/2026					PB (25m pool): 02:49.12 SB: 02:41.67 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:19.07	no time	02:41.67	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:3, starttime: 15:58
Heat: 3/19 Lane : 3 Athlete: VAN LIERDE DAAN					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 04:20.90 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:8, starttime: 16:22
Heat: 8/19 Lane : 7 Athlete: HOEYMANS CEDRIC					Q-time: 03:45:20
PB (50m pool): 03:45.20 MOUSCRON 29/05/2025					PB (25m pool): 03:37.55 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.85	01:50.59	02:50.50	03:45.20	
	00:54.85	00:55.74	00:59.91	00:54.70	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:9, starttime: 16:26
Heat: 9/19 Lane : 2 Athlete: VAN BRAECKEL SEPPE					Q-time: 03:28:31
PB (50m pool): 03:28.31 Gent 08/02/2026					PB (25m pool): 03:44.72 SB: 03:28.31 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.87	01:41.04	02:35.09	03:28.31	
	00:47.87	00:53.17	00:54.05	00:53.22	
					

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Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 4 Athlete: VAN LIERDE ROOS					Q-time: 03:19:96
PB (50m pool): 03:19.96 Lochristi 01/02/2026					PB (25m pool): 03:13.61 SB: 03:19.96 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:34.46	no time	03:19.96	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 4 Athlete: BOONEN KAREL					Q-time: 03:15:52
PB (50m pool): 03:15.52 Gent 08/02/2026					PB (25m pool): no time SB: 03:15.52 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.80	01:31.30	02:25.07	03:15.52	
	00:40.80	00:50.50	00:53.77	00:50.45	
					

Coach feedback: